



— EDINBURGH —

DENTAL SPECIALISTS

SINCE 1994

Practical Introduction to Occlusion

Occlusion made really, really easy - yes really!

Too many dentists and educators get caught up in the terminology and technology of occlusion. This two day course has been designed to relate to what you see every day in your patients. It's being held in our practice and laboratory so there is plenty of practical application on both days.



Many practitioners adopt a "this works for me" approach to occlusion, until things go wrong. With a little knowledge you can "pick the winners" and know when to avoid those cases that create only "misery" when you see the names in the schedule.

A perfect course for anybody with an interest in restorative dentistry (everybody!)



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Clinical director and Specialist in Prosthodontics

Over the last 25 years I have had a very keen interest in managing occlusion and TMJ problems. I have attended almost every available course on occlusion and TMJ therapy, here and in the USA. During the same period accepting and treating patients on referral for all occlusion related problems. I am always keeping up to date on the current literature on the subject and have been running courses on occlusion for over ten years.

Occlusion is certainly a journey but I do feel that I know what works, as well as what doesn't. Crucially we have, in this two day course, what I feel is the simplest approach to learning the subject and cutting past a lot of the bluster that surrounds it. Of course there are "grey" areas as in all topics, but for 99% of your work they are unlikely to be a problem.

Previous delegates on this course have unanimously confirmed that it allows you to see things you didn't notice before (the very next day) and to treat your restorative patients much more confidently.

From single unit restorations to treating patients comprehensively, the principles taught in this course can be easily applied.

Topics covered:

- Occlusion terminology made simple
- Diagnosing Physiological healthy and Pathological occlusions
- The comprehensive, yet only 2min, occlusal examination of joints, muscles and teeth.
- The instruments of occlusion (and why you don't need most of them!)
- Appliance therapy - why are there so many and how do they work? why do they work? Which is the best?
- Occlusion in general restorative dentistry - from small restorations to bridges and dentures
- What is centric relation and why is it important?
- Bite registration techniques
- How to analyse an occlusion on an articulator
- Fremitus and Tooth Mobility - why they are different and how to manage them
- Occlusion and implant dentistry.
- Occlusal adjustment – not just grinding teeth. Why, when and how?
- Options for "guidance" in restorative dentistry
- Communicating your ideas to the laboratory

Practical aspects:

- The full occlusal exam
- How to achieve centric relation easily, (this cannot be learned from a book and is a "coached" technique).
- Fabrication of an anterior "deprogramming" appliance
- Fabrication of the single most useful appliance you will ever use
- How to take Facebow records for restorative cases
- Taking of the correct records for mounting models in centric relation and in treatment position.
- How to set up and mount models on the articulator.

*note all facebows/articulators and materials will be provided. To save time on the day delegates will be requested to bring casts of their own teeth. Our onsite laboratory will be providing all technical support

Aims:

1. To have a knowledge of the general principles of occlusion together with up to date “evidence based” findings, affecting current practice
2. To understand the differences between physiologic, pathologic and therapeutic occlusions
3. To understand the role of the muscles in TMD and survival of your restorations
4. To know how bruxists and wear patients can be best managed
5. To understand the “tools” of occlusion and when they should be used

Objectives:

1. To be able to carry out a 2min comprehensive occlusal examination that eliminates the majority of difficult cases
2. To be able to predictably find and assess centric relation
3. To be able to make a simple occlusal splint suitable for 90% of all cases
4. To be able to prescribe appropriate occlusal schemes to the laboratory for implant and tooth supported restorations

Edinburgh Dental Specialists

Occlusion in General Dentistry

Presented by Dr Kevin Lochhead

2 Day Course - 14 Hours Verifiable CPD

Wednesday 31st January 9am - 5pm

and

Wednesday 21st February 9am - 5pm

Total Cost - £750

All sessions include refreshments and a 2 course lunch at a local restaurant

Comments from Previous Delegates

“Best use of my time and money. Thoroughly worthwhile and beneficial” – K. Kit

“A lot of Light bulb moments – occlusion simplified and I feel I can now confidently make a simple occlusal assessment. Thanks for a great course” – D. Park

“for anyone interested about occlusion, this is a great 2 days to simplify the subject and give confidence in treating abnormal restorative cases” – S. Jacobs

Please contact Gemma to book your place

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