

30th March 2006

Dear Dr Lochhead

As you requested the following is my account of my dental history and treatment over the past few months.

My dental problems started as a teenager being hit in the mouth by a hockey stick loosing my front upper four teeth. For many years after I was constantly at the dentist having bitten through my denture. In recent years my denture never fitted well, it was always ill fitting causing problems with chewing and would cause embarrassment slipping down on talking. I was always aware that I had a hard bite into my upper teeth and recently this was causing more discomfort especially at the end of the day.

My own dentist Carol Fish practicing in Gullane East Lothian advised me to consult with Mr Lochhead for treatment. I was given a plan as to how Dr Lochhead could help me by alleviating the pressure on my upper teeth.

I spent some long hours having treatment but suffered very little discomfort which proves to me that dental treatment including the dreaded local anaesthetic is not to be feared. I enjoyed my visits to the surgery all the staff were very pleasant and helpful I therefore never felt nervous attending appointments.

I now have had my new denture in place for a few weeks. The difference is amazing, my bite is not now causing any pressure to my upper teeth, I have no discomfort for the first time in years. Eating is much more pleasurable mainly due to the roof of my mouth not having a dental plate over it. My speech has improved due to a much more secure dental plate. I have more confidence now, I never realised how often I put my hand to my mouth when talking, laughing and eating because of my lack of faith in my denture staying in place.

The proof of the success of this treatment are the comments from family and friends saying how nice my teeth are very few knowing of the treatment I have had.

I am very grateful to my dentist Carol Fish for recommending me to Dr Lochhead. My sincere thanks to Dr Lochhead for the fantastic treatment and making my life so much more comfortable. I am sure my problems were really quite minor compared to some people. Dr Lochhead must do some wonderful work. My only regret is that I did not have this treatment years ago!

Money well spent! A very big thank-you.